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Hockhockson Farm Foundation to Donate Entire Crop

BY LORI DRAZ

Tracey and Jon Stewart's Hockhockson Farm Foundation will be growing as much as they can on their 11-acre farm to feed as many people as possible. The Hockhockson Farm Foundation has committed to donating everything they grow this season to Lunch Break.

Former "Daily Show" host Jon Stewart has also committed to being the emcee at Lunch Break's annual Fall Gala on Friday, Oct. 16 at Stillwell Stables in Colts Neck. He and his wife are deeply committed to helping others and to living a healthy lifestyle.

"One of the most important things we can do to boost our immune systems is to eat a healthy diet with fresh fruits and vegetables daily," said Tracey Stewart, founder and president of Hockhockson Farm Foundation. "We want to help bring this to as many people as we can as it is possibly needed now more than ever."

The fields at Hockhockson Farm have three directives. Their mission is to nourish the community by providing local, healthy produce to those in need; educate people on the benefits of practicing kindness to animals, the earth, and one's health through promotion of a whole food, plant-based diet; and inspire a sense of community through shared farming and a spirit of giving back.

"We are grateful to Tracey and Jon Stewart and the Hockhockson Farm Foundation for sharing their first harvest with Lunch Break families," said Lunch Break Executive Director Gwendolyn O. Love. "The foundation's values are very much in line with ours: nutrition and education, preservation of our natural resources, caring for nature and the well-being of our community."

During the time of the Covid-19 crisis, Lunch Break has seen increased



Photo courtesy of Lunch Break. Jon and Tracey Stewart

demands for food pantry items and other assistance. Volunteers are also providing meals daily to all in need, and the Hockhockson Farm Foundation's donation of fresh produce will help them meet those goals.

You, too, can help by donating directly to Lunch Break. Donations are accepted online or by a check mailed to Lunch Break, PO Box 2215, Red Bank, NJ 07701.

To learn more, visit HockhocksonFarm.org and LunchBreak.org.

