

**2019**  
FIRST ANNUAL REPORT

## INTRODUCING **THE CIRCLE OF HOPE**

# How You Make An Imp

Thanks to our generous donors, we offer 22 programs and a myriad of services to our clients. It is because of your continued support, we have maintained the quality and consistency of these programs and services, while also pursuing community/ corporate and business partnerships to create new ones. It is because of YOU, our programs and services are available free of charge and no one is turned away. On behalf of our families and individuals, we thank you.

## In 2019:

- Our **Soup Kitchen** served more than **72,000** hot, nutritious, free meals.
- Our **Client Choice** Pantry distributed **51,150** bags of groceries.
- **Continental Breakfast** is served 5 days a week from 8:30 a.m. to 10:30 a.m.
- **Homebound** delivery of nutritious meals is provided 6 days a week, **52** weeks a year, including holidays.
- We also hosted **Christmas brunch** and **Thanksgiving dinner** in addition to delivering to our homebound clients.
- **Every week**, over **100** hot meals are delivered to displaced individuals in the Pan American Motel.
- Once a month, Lunch Break hosted a **Birthday Bash** for the Boys and Girls Club of Monmouth County Red Bank Chapter.
- The **Mobile Community Garden Market** delivered produce to **900** seniors.
- The **Summer School Lunch Program** provided **1,120** nutritious meals and snacks to local children.
- **Clara's Closet** distributed clothing to more than **14,000** individuals.
- **Outreach Clothing Program** distributed **35,734** bags of clothing to individuals throughout Monmouth County.
- The **Suit Up Program** provided **754** individuals with business attire.
- The **Backpack Program** ensured that **250** children in need had school supplies.
- Our annual **Holiday Toy Program** provided gifts for **960** children.
- **Look Who's Cooking** offered **189** children tuition-free cooking classes.
- **Life Skills Program** partners with clients to gain skills to achieve economic self-sufficiency. More than **60** participants were enrolled.
- Our **Food for Thought: Male Mentorship Program** connected socioeconomically disadvantaged local youth between the ages of 8 and 18 with community leaders through culinary training and education.
- **Womyn's Worth: Female Mentorship Program** focused on health, nutrition and wellness through discussions, workshops and speakers.





# act In Our Community

Chelsea came to Lunch Break for assistance with tuition and housing for her family. She was only a few credits away from her degree and needed our help to achieve her goal. Thank YOU for making her dream come true for herself and her young son, Noah.

*Thank you from myself and my son Noah. Our lives have changed so much! It still amazes me every day when I sit in class. Thank you so much for having faith in my story. Lunch Break has truly helped me achieve my goal. I cannot explain the joy and happiness that I have knowing that I did it, we did it! -- Chelsea.*



Scott turned to Lunch Break when he needed clothing for a new job. He had been unemployed, existing on peanut butter, Ramen noodles and Spaghetti O's, and was looking forward to a fresh start in the new year. Because of YOUR generosity, we not only provided Scott with clothing from Frank's Big & Tall in Ocean Township, Lunch Break offered him a meal and groceries, free of charge. He is currently employed and intends to give back to Lunch Break all the kindness he received.

*My experience renewed my faith in humanity - I was amazed at the kindness and genuine concern from everyone I encountered throughout this experience. -- Scott*

# President's Message

John Klein,  
President - Lunch Break Board of Trustees *John Klein*

---



I am honored to write the President's letter for our first annual report. Why an annual report? We want to share with our supporters and stakeholders how their commitment to Lunch Break shapes the incredible stories and

successful outcomes that happen at Lunch Break. A long-standing institution in Monmouth County, we are a place where volunteers, clients, donors and organizations from every sector come together to strengthen our community. Because of this collaboration, we are able to serve thousands of individuals and families every year, for the last 37 years and will continue well into the future.

2019 was very busy at Lunch Break, where our mission is to alleviate hunger and lead families and individuals to self-sufficiency. Some of the many program highlights are included here in this report. I encourage you to read through them all; after all, it is because of you that these incredible services,

such as our Life Skills Center, are able to change so many lives in so many impactful ways.

I would also like to express appreciation for the many people who make Lunch Break amazing, especially the hundreds of volunteers who give their precious gifts of time and expertise every day. They provided nearly 50,000 hours in 2019. We could not do it without them.

Thanks as well to the talented and dedicated staff, who ensure the goals and mission of the organization. I personally have seen each staff member go the extra mile, providing their own time and resources to help clients in dire circumstances. The members of the Board of Trustees, who bring diverse backgrounds and experience, gave freely of their time to support, assist and guide Lunch Break. Our organization would not be as successful without their contributions. Many thanks to our Executive Director, Gwen Love, who is passionate about the mission and embodies the Lunch Break values.

As always, I welcome your thoughts, suggestions and input. Please feel free to contact me at [jklein@lunchbreak.org](mailto:jklein@lunchbreak.org).

# Executive Director's Message

Gwen Love,  
Lunch Break - Executive Director *Gwen Love*

---



It is always so humbling to see the wonderful and generous support from our community members year after year. Your continued commitment to Lunch Break has allowed us to grow, to experience and meet new

challenges. We have increased our programs and services for the financially struggling individuals and families we feed, clothe, nurture and train for better employment opportunities. It never ceases to amaze me that when a need becomes apparent,

we can offer avenues for help. We are a safe haven in an emergency, a beacon of light in a storm. And it's all because of YOU.

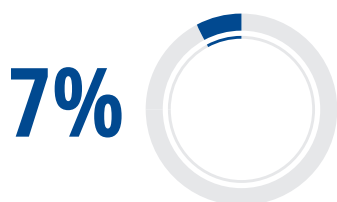
I thank YOU, our friends and founding members of our Circle of Hope, for sustaining Lunch Break's mission of offering **help for today and hope for tomorrow** for these 37 years. Your kindness, compassion and obligation to care for your neighbors is what drives our organization. You make things happen each day. And this is our legacy. We look forward to new and exciting opportunities to serve our families, veterans, seniors and disabled citizens, and struggling workers in the coming years. With your continued generosity, I trust no one will ever have to miss a meal!



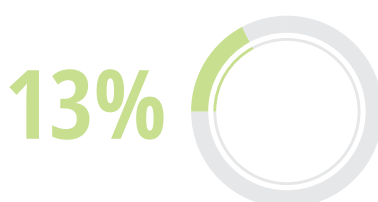
# Financial Highlights

## January – December 2019

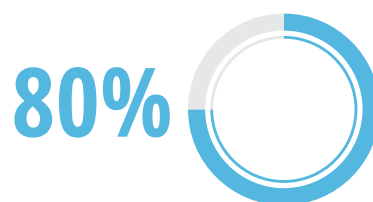
### Expenses



Marketing  
and Fundraising

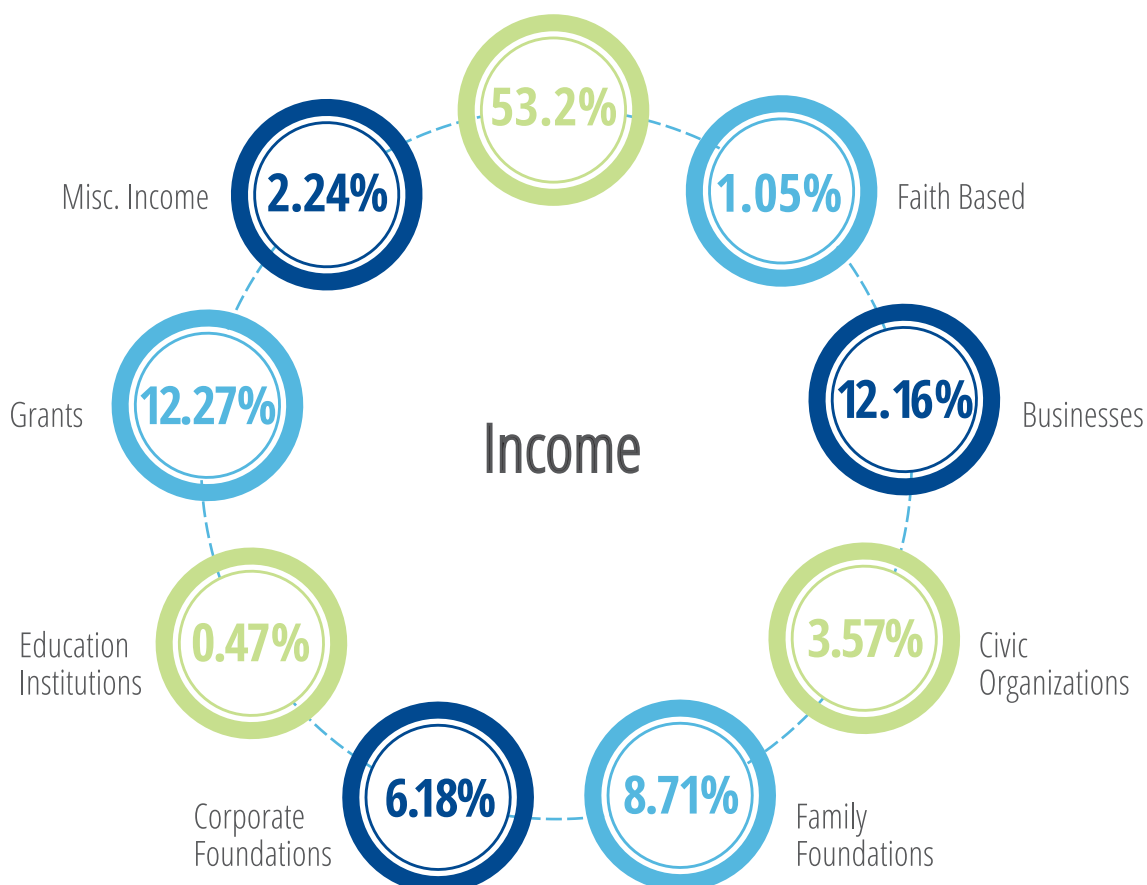


General Administration



Programs

### Income



# Our Mission

As a caring community, Lunch Break freely provides food, clothing, life skills and fellowship to those in need in Monmouth County and beyond.

## Vision

We strive to break the cycle of poverty for those we serve and guide our community members in need to self-sufficiency and healthier, more productive lifestyles.

## Values

We serve everyone with compassion and dignity.

## Board of Trustees

John Klein | President  
Mimi Keenan | Vice President  
Steven Haugenes | Treasurer  
Nancy Karpf | Secretary

Philip Antoon  
Michael Bagnell  
Michael Blechman  
George Chrysanthopoulos  
Christopher Cole  
Maura Creekmore  
Josephine Guttadauro  
David Hinton  
Juanita Lewis  
Brian McEvily  
Trudy Parton  
Dr. Carol Penn, DO, ABOM  
Tina Pflaster  
Lou Scaduto, Jr  
Tori Sickles  
Kim Tsimbinos  
Michael A. Wright  
Frances Statter, Emeritus  
Gwendolyn O. Love, Executive Director

## Advisory Council

John Klein | President  
Mark Brahney | Vice President  
Gwendolyn O. Love | Secretary

Christopher Brett  
Kristi Bridges  
Memone Crystian  
Warren Diamond  
Bonnie Featherstone-Johnson  
Joseph Garofalo  
Nancy Gill  
Andrea Guttadauro Angioletti  
Paul Hooker  
Marshall Knopf  
Joseph Kyrillos  
Abe Littenberg  
Carol Stillwell



121 Drs. James Parker Boulevard  
Red Bank, NJ 07701  
Telephone 732.747.8577  
[www.lunchbreak.org](http://www.lunchbreak.org)

#whywebreak • #lunchbreaknj • #helpfortodayhopefortomorrow

