



## Night Without a Bed FAQ & Registration/Peer to Peer Campaign

**EVENT:** 6PM, Friday April 28th, 2023 @ Family Promise of Monmouth County

### Why participate?

Students will learn first-hand about the struggles facing homeless families by spending the night without the comforts of home, sleeping in a cardboard box, and bonding with other participants in a shared experience.

### Where will the event take place?

On the grounds outside of the Day Center at Family Promise of Monmouth County located at Fort Monmouth 501 Malterer Ave, Oceanport, NJ 07757.

### How do I sign up?

Contact Gillian Sahadi at [nwbevent@lunchbreak.org](mailto:nwbevent@lunchbreak.org) for registration information or scan the QR code for the registration form on the last page. You're now ready to collect pledges that will change the lives of local homeless families!

### How much do I need to raise?

We would request a minimum of \$100 in pledges and contributions per person. We appreciate every donation that we receive. The top fundraisers will win a prize. Scan the QR code on the last page to set up your donation page. Adult chaperones are not required to raise funds, but are encouraged to do so.

### I'd like to donate to this event, but I cannot sleep overnight?

While sleeping in a cardboard box can provide a valuable lesson in empathy, we understand that you may not be able to do so. You may still participate as a "Virtual Resident" (raise funds but sleep at home). Virtual Residents are warmly welcome to attend the evening program at Night Without a Bed, including soup-line dinner, speakers and live entertainment from 6-10pm.

### Do I have to bring my own cardboard box to the event?

Yes! You may also bring a tent, whichever you choose to sleep in for the night. And just like camping, in the morning, participants must clean up their campsite and stack their boxes (flattened) by the dumpster as directed. Help with tying up the and stacking the cardboard is greatly appreciated.

### What can I bring to the event?

Remain mindful of the decisions a homeless person has to make, and please limit yourself to the following items: Cardboard box, sleeping bag, pad, tarp, pillow, warm clothes. You may bring medications, cell phones and essential toiletries, but please refrain from bringing outside food, or other non-essential items. The following items are **not allowed**: Alcoholic beverages, illegal drugs, no smoking of any kind, beverages in glass bottles, weapons of any kind, personal electronic devices such as video games. Bring any art supplies you would like to use to decorate your box for a chance to win the contest!

### Is it safe for me to send my children?

We require a minimum of **one adult chaperone for every five participants under the age of 18**. Additionally, we have hired security staff and volunteers serve as security staff at all hours of the event.

**How do youth groups or student organizations register?**

Youth groups and student organizations registering with 5 or more members are encouraged to raise a minimum of \$100 per youth. Groups are encouraged to set a collective fundraising goal above the minimum. The individual and group that raise the most collectively will be recognized at the event! Chaperones with groups of 5 or more youth members may register free.

**Is this a youth event only?**

Absolutely not! People of all ages participate in A Night Without a Bed.

**What if it rains?**

Just as the homeless do, we will cope with the weather. Unless there is a safety risk to participants, the event will continue.

**How can I raise pledges?**

To raise pledges you may 1) donate funds, 2) collect pledges through our website (more details to come) 3) organize a fundraising event like a car wash, bake sale, or anything your imagination and resources allow.

**How do I submit funds?**

You will have the option to raise pledges through our website and more details on this to follow.

**Schedule for A Night Without A Bed****Friday April 28th & Saturday April 29th**

6pm - Registration Check in, set up & decorate your boxes

7pm - Dinner will be served

8pm - A "Parade of Boxes", Speakers, Light Entertainment & Award Prizes

10pm-6am Quiet Hours

6am - 7:30 A light breakfast will be served on Saturday

6-8am - Break down boxes and site

- \* Emergency shelter will be available inside Family Promise in the event of dangerous weather, but participants are encouraged to bring tarps to cover their boxes.
- \* Indoor bathrooms will be available inside Family Promise for the entire event.

**Night Without A Bed 2023 Registration Form and Fundraising Page Link**  
**Online registration form link: <https://forms.gle/CYHaBZA4rBmXzm1P6>**  
**or scan the QR code**



**REGISTER FIRST**



**THEN SET UP YOUR FUNDRAISING PAGE**

**Participant Information:**

**Name:** \_\_\_\_\_

**Mailing Address** (with town and zip): \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Telephone Number:** \_\_\_\_\_

**Group Affiliation if any (i.e. Youth/Church Group):** \_\_\_\_\_

**Chaperone Information:**

I will be accompanied by a Chaperone: Yes/No (circle one) (Must be over 18 to be unaccompanied)  
One Chaperone is permitted for up to 5 participants. If YES, Provide Name of Chaperone and contact information below:

**Name:** \_\_\_\_\_

**Mailing Address** (with town and zip): \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Telephone Number:** \_\_\_\_\_

**Family Promise of Monmouth County cannot be responsible for lost or stolen items that you bring to the event tonight.**

Remain mindful of the decisions a homeless person has to make, and please limit yourself to the following items: Cardboard box or tent, sleeping bag, pad, tarp, pillow, warm clothes. You may bring medications, cell phones and essential toiletries, but please refrain from bringing outside food, or other non-essential items. The following items are **not allowed**: Alcoholic beverages, illegal drugs, smoking of any kind, beverages in glass bottles, weapons of any kind, personal electronic devices such as MP3 players or video games.

Should any participant be a disruption the participant will be asked to leave the event and be picked up by a parent.

\_\_\_\_\_  
Signature of Attendee

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent (if attendee is a minor)

\_\_\_\_\_  
Date

**This information will not be shared with others.**