





# FAQ & Registration Information

EVENT: 6PM, Friday May 3rd, 2024 @ The Fort Athletic Club

# Why participate?

Students will learn first-hand about the struggles facing families experiencing homelessness by spending the night without the comforts of home, sleeping in a cardboard box, and bonding with other participants in a shared experience.

# Where will the event take place?

Indoors in the gymnasium at The Fort Athletic Club located at 114 Saltzman Avenue, Oceanport, NJ 07757. Please enter on the Fort Hoops side of the building.

#### How do I sign up?

Registration is available on the event website <a href="https://lunchbreak.org/night-without-a-bed/">https://lunchbreak.org/night-without-a-bed/</a> or scan the QR code for the registration form on the last page. Contact Gillian Sahadi at nwbevent@lunchbreak.org for any questions. You're now ready to collect pledges that will change the lives of local families experiencing homelessness!

## How much money do I need to raise?

We request a minimum of \$150 in pledges and contributions per person. We appreciate every donation that we receive. The top fundraisers will win a prize. Scan the QR code on the last page to set up your donation page. Adult chaperones are not required to raise funds, but are encouraged to do so.

### I'd like to donate to this event, but I cannot sleep overnight?

While sleeping in a cardboard box can provide a valuable lesson in empathy, we understand that you may not be able to do so. You may still participate as a "Virtual Resident" (raise funds but sleep at home). Virtual Residents are warmly welcome to attend the evening program at Night Without A Bed, including soup-line dinner, speakers and live entertainment from 6-10pm.

# Do I have to bring my own cardboard box to the event?

Yes! And just like camping, in the morning, participants must clean up their campsite and take their cardboard box home.

# What can I bring to the event?

Remain mindful of the decisions a homeless person has to make, and please limit yourself to the following items: Cardboard box, sleeping bag, pad, pillow, warm clothes. You may bring medications, cell phones and essential toiletries, but please refrain from bringing outside food, or other non-essential items. The following items are **not allowed:** Alcoholic beverages, illegal drugs, no smoking of any kind, beverages in glass bottles, weapons of any kind, personal electronic devices such as video games. Bring any art supplies you would like to use to decorate your box for a chance to win the contest!

#### Is it safe for me to send my children?

We require a minimum of **one adult chaperone for every FIVE participants under the age of 18.**Additionally, we have hired security staff and volunteers serve as security staff at all hours of the event.

# How do youth groups or student organizations register?

Youth groups and student organizations registering with 5 or more members are encouraged to raise a minimum of \$150 per youth. Groups are encouraged to set a collective fundraising goal above the minimum. The individual and group that raise the most collectively will be recognized at the event! Chaperones with groups of 5 or more youth members may register free.

# Is this a youth event only?

Absolutely not! People of all ages participate in A Night Without A Bed.

## How can I raise pledges?

To raise pledges you may 1) donate funds 2) collect pledges through our website 3) organize a fundraising event like a car wash, bake sale, or anything your imagination and resources allow.

#### How do I submit funds?

You will have the option to raise pledges by creating your own donor page that you can share with friends and family. This is located on our event website.

# Schedule for A Night Without A Bed

#### Friday, May 3rd & Saturday, May 4th

6pm - Registration Check in, set up & decorate your boxes

7pm - Dinner will be served

8pm - A "Parade of Boxes", Speakers, Light Entertainment & Award Prizes

10pm-6am Quiet Hours

6am - 7:30 A light breakfast will be served on Saturday

6-8am - Break down boxes and site

\* Indoor bathrooms will be available inside The Fort Athletic Club for the entire event.

# **Night Without A Bed 2024**

# Online registration form link:

**Participant Information:** 

Signature of Parent (if attendee is a minor)

https://docs.google.com/forms/d/e/1FAlpQLSe5iuXNCdVfW6egwhmrlRw5sdu1Mh9EW0hEogfqMkLkOf9A0Q/viewform

Fundraising Page Link: <a href="https://donorbox.org/nwb2024/fundraiser/new">https://donorbox.org/nwb2024/fundraiser/new</a> or scan the QR codes below:

**REGISTER FIRST** 

THEN SET UP YOUR FUNDRAISING PAGE



Scan To Register



Scan To Start Fundraising

Name:	
Mailing Address (with town and zip):	
Email Address:	
Telephone Number:	
Group Affiliation if any (i.e. Youth/Church Group):	
Chaperone Information:	
I will be accompanied by a Chaperone: Yes/No (circle one) (Must	be over 18 to be unaccompanied)
One Chaperone is permitted for up to 5 participants. If YES, Provi	• •
Name:	
Mailing Address (with town and zip):	
Email Address:	
Telephone Number:	
Family Promise of Monmouth County cannot be responevent tonight.	nsible for lost or stolen items that you bring to the
Remain mindful of the decisions a homeless person has to make, box or tent, sleeping bag, pad, tarp, pillow, warm clothes. You may please refrain from bringing outside food, or other non-essential it beverages, illegal drugs, smoking of any kind, beverages in glass such as MP3 players or video games. Should any participant be a and be picked up by a parent.	y bring medications, cell phones and essential toiletries, but ems. The following items are <b>not allowed:</b> Alcoholic bottles, weapons of any kind, personal electronic devices
Signature of Attendee	Date

This information will not be shared with others.