



Lunch Break 2023 IMPACT

CELEBRATING 41 YEARS OF SERVICE TO THE COMMUNITY

HELP FOR TODAY • HOPE FOR TOMORROW

Our Community Kitchen and Your Choice Pantry

95,984 meals served

21,264 food pick ups

9,593 meals delivered to the homebound



Our Life Skills Programs

help clients grow skills towards economic self-sufficiency. Up to **130 people per month** attend coaching sessions with 42 gaining employment.



It Takes A Village

2,350 volunteers

25,079 hours



Community Events That Care

1,219 toys given to children ages newborn to 12

284 gift cards for teens ages 13 to 17

813 backpacks distributed to youth



Alliance for Success is a youth mentoring program, by Lunch Break and The Source at Red Bank Regional High School.

28 HS students enrolled

8-24 students per workshop

30 volunteer mentors



Our Clara's Closet Clothing Program

Over **1,409** bags of clothing distributed to those in need

13,184 individuals received clothing on an as-needed basis

250 people outfitted through the **Suit Up For Success** program



Health and Wellness

Guests, staff and volunteers lead healthier lifestyles through health and wellness initiatives, and connections to social service providers.



2024 The Central Jersey Club

Sojourner Truth Award--
Executive Director,
Gwendolyn Love

2023 Beacon of Excellence

Non-Profit of the Year
Lunch Break

2023 Impact 100

Jersey Coast Grant Recipient--
Lunch Break's Family Promise
of Monmouth County

Norma Todd Award

Executive Director,
Gwendolyn Love

Expanding Space and Services

In 2022, the renovation of our building began. While managing this transformation, we are proud to say we never missed a meal service. With our construction now complete and all programs up and running under the same roof--the sky is truly the limit on how far we can go to help our community. In addition to the unveiling of the new building, 2024 has brought with it a touching honor for the Lunch Break community. A portion of S. Bridge Street in Red Bank will be renamed Norma Todd Way in honor of our beloved founder, Norma Todd.



Lunch Break's Family Promise of

Monmouth County saw an unprecedented demand for housing in 2023. **152** families were provided with housing solutions, representing **168** adults, and **269** children under the age of 18.