

ANNUAL COMMUNITY IMPACT REPORT

2023

OUR LETTER OF LOVE - AN ANNUAL MESSAGE

As we reflect on 2023, we are filled with immense gratitude for your unwavering support. Your generosity has been instrumental in enabling Lunch Break to continue and expand our mission of serving those in need in our community.

Thanks to your generous contributions, we have been able to provide:

- Nutritious meals and groceries to thousands of families and individuals facing food insecurity, ensuring they have access to healthy and essential food items
- Life skills programs that empower individuals to achieve self-sufficiency and personal growth
- Housing solutions for families, offering stability and a path to a place to call home
- Clothing to those in need, ensuring they have the necessary attire for daily life and special occasions
- Youth services that provide guidance, support, and opportunities for our young community members to thrive

2023 was particularly momentous for us as we completed the renovation of our facility that allowed us to enhance our services and create a more welcoming environment for those we serve. This would not have been possible without your support.

We are excited about the new initiatives and expanded services we can now offer thanks to your vision of building a stronger, thriving community. As we move forward, we remain dedicated to addressing the needs of our community with compassion and understanding.

Thank you once again for your kindness, generosity and belief in our mission.

With gratitude & appreciation,

Gwendolyn O. Love

GWENDOLYN O. LOVE, EXECUTIVE DIRECTOR

Juanita Lewis

JUANITA LEWIS, BOARD PRESIDENT

OUR NUMBERS



YOUR CHOICE PANTRY

95,984 meals served

21,264 food pick ups

9,593 meals delivered to the homebound



CLARA'S CLOSET

1,409+ bags of clothing distributed to those in need

13,184 individuals received clothing on an on-need basis

250 people outfitted through the Suit Up for Success Program



VOLUNTEERS

2,350 caring volunteers

25,079 volunteer hours dedicated



ALLIANCE FOR SUCCESS

27 enrolled high school students

22 volunteer mentors

100% of senior participants were accepted and attended college in the fall of 2023



FAMILY PROMISE OF MONMOUTH COUNTY

We saw an unprecedented demand for housing in 2023

72 families were provided with housing solutions, including permanent housing, diversion and prevention



YOUTH SERVICES

1,219 toys given to children newborn to 12 years old

284 gift cards provided to teens 13 to 17 years old

813 backpacks distributed to youth



LIFE SKILLS

Our program helps clients grow skills toward economic self sufficiency

Up to 129 people per month attended coaching sessions - 41 gained employment

BOARD OF TRUSTEES

Rick Brodsky
Kevin Chieff
Eric Gatti
Alyce Franklin
Christina Jordan
Andrew Kirkpatrick
Abe Littenberg
"B" Carr Mahon

Brian McEvily
Mychal Mills
JP Nicholaides
Dr. Carol Penn, DO, ABOM
Tina Pflaster
Rebecca Reilly
Stephen Reinhard
Daiana Rios

Jessica Stepanski
Tracey Stewart
Joe Wajda
Michael A. Wright
Mark Zill
Gwendolyn O. Love
EXECUTIVE DIRECTOR

Juanita Lewis
PRESIDENT
Robin Klein
VICE PRESIDENT
Steven Haugenes
TREASURER
Michael Bagnell
SECRETARY

OUR MISSION

As a caring community, Lunch Break freely provides food, clothing, life skills, and fellowship to those in need in Monmouth County and beyond.

OUR VISION

We strive to break the cycle of poverty for those we serve and guide our community members in need of self-sufficiency and healthier, more productive lifestyles.

OUR VALUES

We serve everyone with compassion and dignity.



Corporate volunteers from Amazon pose proudly in front of our new mural commemorating Norma Todd, Lunch Break's visionary founder!



Norma Todd's daughters hold the 'Norma Todd Way' street sign during the dedication ceremony, celebrating their mother's lasting legacy of compassion and service to the community.



Some of our incredible volunteers in action at Lunch Break's Prom Giveaway, helping dreams come true, one dress or suit at a time.



At Lunch Break's Kids cooking class students gain confidence in the kitchen and learn healthy eating habits.



High School students explore Rutgers University, gaining insight into college life and future opportunities, as part of the Alliance for Success Program!



Chefs Joanne and Adam serving up smiles and delicious food behind the salad bar in the Lunch Break Community Kitchen.

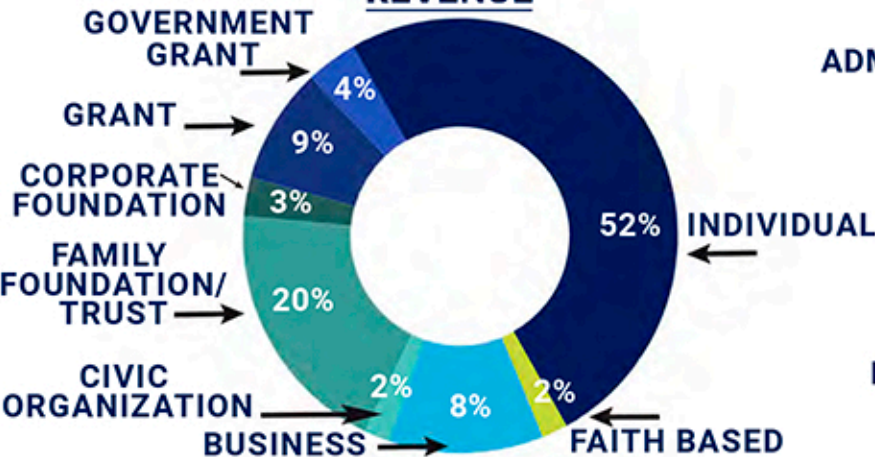
TESTIMONIALS

“ I am on a fixed income and I get food stamps yet I still get stuck and run out of food. So this program has been a blessing. Thanks to God and to the donors and volunteers.

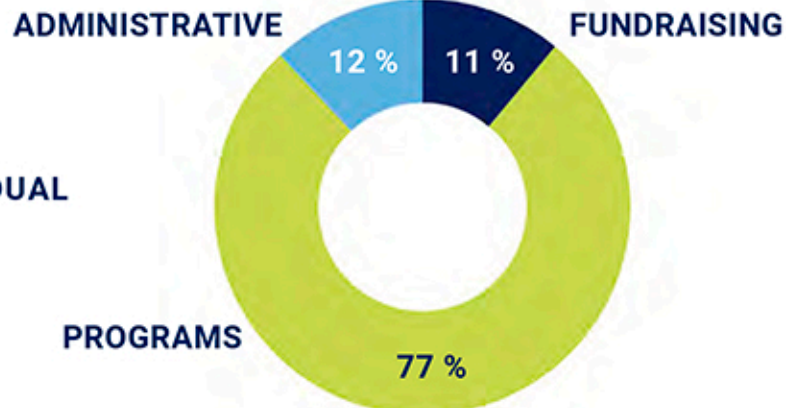
“ I'm a single mom of two and Lunch Break services have allowed me to be more capable of providing for my children. With everything going up in price, it has been a major struggle and Lunch Break has taken so much stress off me!

FINANCIALS

REVENUE



EXPENSES



LUNCH BREAK
121 DRS. JAMES PARKER BLVD.
RED BANK, NJ 07701
732-747-8577



LUNCHBREAK.ORG

As a caring community, Lunch Break freely provides food, clothing, life skills & fellowship to those in need in Monmouth County & beyond.