



# Project Citizen Gardener: Student Service Hours Info.

Learn more  
from our  
Grow Guide:



## Objective:

Project Citizen Gardener's mission is to help fight food insecurity in our own backyard by using yours to grow fresh food for our local pantries and food banks.

We invite students wishing to accrue service hours to help our community by growing, washing, and donating fresh vegetables for Lunch Break's pantry and kitchen.

The goal for achieving 20 service hours is to grow a minimum of 50 pounds of produce. The timeline to complete this is within the 2026 growing season (March–October). Documenting the process (photos of the garden and pounds donated) is how students will get acknowledgement of service.

## Procedures:

### 1 GROWING FOOD:

Having the right space and supplies is definitely an essential for growing food. However, the most important element to a garden is giving it your time, energy, and attention.

Please refer to the grow guide to learn more about how to grow food and what veggie varieties Lunch Break guests love.

### 2 DONATING FOOD:

Once you've grown and harvested your produce, it will need to be washed and packed for drop off. Please follow the guidelines within the grow guide to understand donation procedures.

### 3 DOCUMENTING THE PROCESS:

Please refer to the check list below to see what to record for submission.

## Project Citizen Gardener Document Check List:

Note: Please make sure all of the following are completed in order to complete service hours.

### ● Photos:

Photos of your experience are required for submission, so please make sure you have documentation of your time spent in the garden. We are looking for five photos minimum - These can include but are not limited to:

- Photos of the garden/ growing space throughout the season.
- Photos of harvest/ drop off ready produce.
- Photos of things you encounter while in the garden (example: insects, flowers, etc.)

### ● Harvest Weights:

Once your food is washed and ready for donation, please make sure to document each harvest by weighing the produce before or at drop off. Lunch Break can weigh the totaled produce for you at your request. Please make sure to include the following for your records: *Date, Vegetables harvested, Total pounds of donated food.*

Example:

07/16/2025 - Tomatoes, Peppers, and Lettuce - Total weight: 35 lbs

08/03/2025 - Eggplant, Tomatoes, Cucumbers - Total weight: 65 lbs

## Submitting for Approval:

Once the donation goal of 50 pounds is reached and photos are collected, please send in the above documentation to [fullsunprojects@gmail.com](mailto:fullsunprojects@gmail.com) - Please title the email subject line "PCG Service Hours: Your name & School". Please note that all submissions will process within 2–3 days. Once reviewed, a signed form from Lunch Break acknowledging your hours of service will be sent back via email.